



Lower cost therapies available for many ocular conditions



1. **CAM stands for:**
 - a. Complementary and alternative medicine
 - b. Complementary and alternative treatments
 - c. Complementary and abstract medicine
 - d. Collective and alternative medicine
2. **Butterbur has been shown to be just as effective as which medication:**
 - a. Claritin
 - b. Allegra
 - c. Zyrtec
 - d. Benadryl
3. **Butterbur dosing two or three times daily is:**
 - a. 100 mg
 - b. 50 mg
 - c. 25 mg
 - d. 10 mg
4. **Steroids include:**
 - a. Loteprednol, prednisolone and butterbur
 - b. Loteprednol, cromolyn and dexamethasone
 - c. Loteprednol, cromolyn and butterbur
 - d. Loteprednol, prednisolone and dexamethasone
5. **Restasis has two components:**
 - a. Cyclosporine and BAK
 - b. Cyclosporine and loteprednol
 - c. Cyclosporine and emulsion vehicle
 - d. Cyclosporine and azithromycin
6. **Products containing doxycycline include:**
 - a. AzaSite, Periostat and Restasis
 - b. Alodox, Periostat and Oracea
 - c. AzaSite, Periostat and Oracea
 - d. Alodox, Periostat and Restasis
7. **Lid therapy applies:**
 - a. Moist heat
 - b. Moist cold
 - c. High heat
 - d. Dry cold
8. **Patient assistance programs include:**
 - a. RxHope and Essilor Cares
 - b. RxHope and Luxottica Cares
 - c. RxHope and Allergan Cares
 - d. RxHope and Alcon Cares
9. **Components of artificial tears include:**
 - a. CMC, tetrionic and sodium hyaluronate
 - b. CMC, HP guar and sodium hyaluronate
 - c. Cyclosporine, HP guar and sodium hyaluronate
 - d. Cyclosporine, tetrionic and sodium hyaluronate
10. **Antibiotics used for the eye include:**
 - a. Newer-generation and third-generation fluoroquinolones, prednisolone and tobramycin
 - b. Newer-generation and third-generation fluoroquinolones, olopatadine and tobramycin
 - c. Newer-generation and third-generation fluoroquinolones, azithromycin and tobramycin
 - d. Newer-generation and fourth-generation fluoroquinolones, azithromycin and loteprednol
11. **In their study, Farhi and Kowalski showed the coverage for sulfacetamide to be:**
 - a. 94%
 - b. 89%
 - c. 84%
 - d. 79%
12. **In their study, Farhi and Kowalski showed the coverage for Polytrim to be:**
 - a. 85%
 - b. 80%
 - c. 75%
 - d. 70%
13. **The most cost-effective treatment for dry eye is:**
 - a. Drinking enough water
 - b. Emulsion artificial tears
 - c. Punctal plugs
 - d. Doxycycline
14. **Coverage against MRSA for trimethoprim has been shown to be:**
 - a. 75% to 80%
 - b. 80% to 85%
 - c. 85% to 90%
 - d. 90% to 95%
15. **Omega-3s can be found in:**
 - a. Flaxseed oil, warm water fish and cod liver oil
 - b. Flaxseed oil, cold water fish and cod liver oil
 - c. Flaxseed oil, cold water fish and poultry
 - d. Flaxseed oil, warm water fish and poultry
16. **Which of the following is preserved with the chlorine-based disappearing preservative Purite?**
 - a. Betoptic
 - b. Generic brimonidine
 - c. Alphagan P
 - d. Cosopt
17. **Combigan is a combination of:**
 - a. Brimonidine and timolol
 - b. Dorzolamide and timolol
 - c. Brimonidine and dorzolamide
 - d. Betoptic and timolol
18. **Prostaglandin analogs include:**
 - a. Latanoprost, brimonidine and travoprost
 - b. Latanoprost, betaxolol and travoprost
 - c. Latanoprost, bimatoprost and betaxolol
 - d. Latanoprost, bimatoprost and travoprost
19. **Polytrim is a combination of:**
 - a. Sulfacetamide and trimethoprim sulfate
 - b. Polymyxin B sulfate and trimethoprim sulfate
 - c. Besifloxacin and trimethoprim sulfate
 - d. Polymyxin B sulfate and besifloxacin
20. **The following are not mechanisms of action used by artificial tears:**
 - a. Add viscosity
 - b. Lower tonicity
 - c. Activated by pH
 - d. Lower IOP

PCON December 2009

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by Milton M. Hom, OD, FAAO

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Answers

- | | |
|-------------|-------------|
| 1. a b c d | 11. a b c d |
| 2. a b c d | 12. a b c d |
| 3. a b c d | 13. a b c d |
| 4. a b c d | 14. a b c d |
| 5. a b c d | 15. a b c d |
| 6. a b c d | 16. a b c d |
| 7. a b c d | 17. a b c d |
| 8. a b c d | 18. a b c d |
| 9. a b c d | 19. a b c d |
| 10. a b c d | 20. a b c d |

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